

### Cystic Fibrosis Unit Information Prescriptions for Patients Pilot Project

#### What is an Information Prescription?

People with long term health conditions are to be prescribed information alongside their medicines as part of a new programme. Each prescription will be individually tailored to the individual's needs, and will include information about conditions and treatments alongside details of relevant websites and local and national support groups.

Research shows that patients remember on average only 10 percent of what is said in consultations. The Information Prescription will mean that patients can take information away with them, helping them to stay in control of their illness, stay independent and make choices about care.

#### How does this affect me?

The Cystic Fibrosis Unit at Heartlands Hospital has been chosen by the Department of Health as a pilot site to develop the information prescription for Cystic Fibrosis patients. As a patient we value your opinion and we believe that you should have a say in what information we provide. We would like you to participate by giving us your views about:

- the information we currently provide
- what information you would like us to provide
- the different ways we could make this information available to you

We are also working in partnership with the Cystic Fibrosis Trust to ensure that we can share good practice and that the work we do will be made available to other Cystic Fibrosis patients.

#### What do I have to do to join in?

Whether or not you decide to participate in the pilot please be assured your decision will have absolutely no effect on the care you will receive from us.

The pilot will run from March 2007 to January 2008. At a maximum of three Key stages in the pilot we will ask you to fill out a questionnaire giving us your opinions on how the pilot is progressing. We are looking at various ways to distribute these questionnaires and hope that we can send them out in the post and via e-mail.

If you want to participate you would return the completed questionnaires by post using the prepaid envelope provided. If you would prefer to send your response via e-mail please fill out your e-mail address on the tear off slip and return it to us using the prepaid envelope.

We also welcome your participation at any point in the project and we will be setting up a website where you will be able to see the latest project developments and send us your feedback.

**Can I remain anonymous?**

Yes. Your views are important to us and we hope that by keeping the responses to the questionnaires anonymous people will give us open and honest feedback.

**What if I don't want to take part?**

If you do not want to participate please complete the tear off slip, entering your name and address, place this in the envelope supplied and return it to us free of charge.

Dr David Honeybourne  
Clinical Director Respiratory Medicine



I **want** to participate in the Information Prescription Pilot

I **do not** want to participate in the Information Prescription Pilot

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**YES** I want to participate by e-mail, my e-mail address is:

e-mail: \_\_\_\_\_

Signature: \_\_\_\_\_