

## **SCENARIO 1**

I am a Community Psychiatric Nurse (CPN).

Mrs Smith, an eighty year old woman, who has recently been diagnosed a having Alzheimer's Disease and has been referred to the CPN Service after being prescribed Aricept medication.

Mrs Smith has a daughter (Jane) who lives in the same town as her mother and requested to be present at the initial CPN assessment.

Mrs Smith has lost her confidence in recent months and is now unable to leave her home unaccompanied.

She is self-caring with personal hygiene needs. She has Meals on Wheels delivered daily and has Domestic Help once weekly.

In discussion with Mrs Smith and Jane, it became evident that they knew very little about the illness.

Mrs Smith said "I forget things" and this was a source of anxiety for her.

Forgetting things was a particular difficulty for Mrs Smith's compliance with medication. She agreed that a "Dose Box" delivered by the Community Pharmacist, once weekly, would help alleviate this problem. An Information Prescription was written out and Jane agreed to take it to the local Pharmacy later that day.

Jane was keen to learn more about her mother's condition. She had not heard of the Alzheimer's Society, but thought that it would be helpful to have more information.

Therefore, as a carer, she received an Information Prescription which signposted her to the local Alzheimer Society out-reach worker, and also to the National Web-site.

## **SCENARIO 2**

I am a staff nurse in the Day Hospital.

Mr Jones, a seventy year old retired Bank Clerk, had been a patient in the In-Patient Unit following his wife's sudden death.

While in hospital he received bereavement counselling which he found helpful. Prior to his discharge he was referred to the Day Hospital.

However, he said that he did not want to stay "in the system" and preferred not to attend the Day Hospital for any length of time. Mr Jones said that his main problem was loneliness since his wife (Beth) had died.

His wife had been a keen gardener and although Mr Jones appreciated having a nice garden, he had never go involved with this himself. He said that he would like to "keep Beth's memory alive" by keeping the garden neat and tidy.

He was keen to attend a Luncheon Club twice weekly. Mr Jones was given an Information Prescription with contact numbers for all the local Luncheon Clubs.

He was also given an Information Prescription to take to the local Library where he would be signposted to appropriate Gardening Clubs and Web-sites.