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## National programmes linked to information prescriptions

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### 11. Expert Patient Programme (EPP)

[The Expert Patient Programme](#) is a six-week course for people with chronic or long-term conditions. Trained and accredited tutors who are also living with a long-term health condition deliver the course. It aims to give people the confidence to take more responsibility and self-manage their health, while encouraging them to work collaboratively with health and social care professionals.

This programme recognises the importance of easily accessible high quality information to patients, carers and professionals and has developed a variety of resources for their tutors and expert patients to use.