

INFORMATION PRESCRIPTIONS PILOT PROPOSAL	
PROPOSED PILOT SITE	Doncaster PCT IAPT Service
Title and address Contact name, telephone, e-mail and fax number	<p>Doncaster PCT Park Lodge St Catherines Tickhill Rd Balby Doncaster DN4 8EQ</p> <p>Heather Raistrick IAPT Project Director Tel 01302 796770 Fax mobile 07958 973 519 heather.raistrick@doncasterpct.nhs.uk</p>
Please outline proposals for introducing information prescriptions and areas that you are proposing to cover (see section 9 of criteria document)	<p>Doncaster PCT will incorporate the Information Prescription Pilot with the Improving Access to Psychological Therapies (IAPT) National Demonstration Site. 'Doncaster Stepped Care Model'</p> <p>Settings The Doncaster (IAPT) Demonstration is a virtual organisation. The Information Prescription will be delivered via Case Managers in a variety of settings, where people who use the service are seen by Case Managers. This will include Primary Care GP Surgeries Specialist Mental Health Services, Voluntary Sector, Doncaster Libraries and Community facilities.</p> <p>Content – The process to identify and assure the content of Information Prescription.</p> <ul style="list-style-type: none"> • The information will be available in a variety of formats, to meet the needs of the client group. This will include electronic information via the IAPT website. Written easy read information sheets. • The content of the Information Prescription will be based on information pertaining to Common Mental health problems mainly anxiety and depression. The information will be incorporated into the stepped care model of delivery. In the Stepped Care model Patients should be offered the least restrictive option likely to produce benefit. Information prescription will be one of the low

	<p>intensity treatment options offered by case managers</p> <ul style="list-style-type: none">• There should be regular scheduled reviews of patient progress between case managers and supervisors (after third, sixth and then every further sixth contact). Supervisors will be able to monitor whether Information Prescription has been offered as an option and review with case manager its effect.• Governance /quality assurance of Information Prescription will be set against agreed quality standards and criteria (to be developed). A review group will be established, coordinated by the Project Manager Information Prescription. membership of the group will include Partners of the Doncaster IAPT including IAPT Patient Forum, Doncaster health Information Group and members of the PCT governance team. All services included in the Information Prescription will sign up to a Partnership Agreement which will incorporate quality standards for inclusion into the Information Prescription. <p>Process</p> <p>Information Prescription will be a resource after initial assessment for Case Mangers when collaborating with individual patients their plan of care. Information prescription will be a choice offered to patients within the IAPT service and in most cases will be in conjunction with other treatment options. Information Prescription could be offered at various treatment points with the stepped care model</p> <p>Access to the Doncaster IAPT service can be via self referral, Primary Care (GP) Community Voluntary Sector ,Pathways to Work Condition Management Programme Healthy Business (Occupational Health Service)</p> <p>Information Prescription will look to include resources which will enable patients and carers to make choices about identifying sources of support/ information and help signposting to the relevant agencies, also resources will emphasise and promote positive mental health.</p>
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	<p>The IAPT Partnership Board which includes patient/ service user and Carer oversee the Governance and effectiveness of the IAPT Demonstration Site. It is therefore envisaged that the local governance arrangements be incorporated into this structure for Information Prescription.</p> <ul style="list-style-type: none">• Information Management and Technology will be key to effective delivery of the pilot. Currently the IAPT demonstration Site has a bespoke data base recording case management activity. It is anticipated that information will be recorded when Information Prescription has been issued directly on to this data base. However it will be necessary to develop a unique data base specifically collating data for Information Prescription enabling wider access other than Case Managers to the information. <p>Information will also be available in other media forms to ensure those who are not able to use electronic resources are not disadvantaged. These will include key information sources/services, information sheets, workbooks, questionnaires and will be developed according to the needs of people who use the IAPT service. These resources will also be available in easy read and other languages as necessary. Doncaster IAPT currently delivers the service in variety of settings eg Doncaster Libraries and Doncaster Mind where IT is available for those who do not have access at home. Case Managers are also familiar with the use of text messaging to engage people in the service this method would be another medium of delivery.</p> <p>The pilot will be delivered through the existing Doncaster IAPT service. This includes</p> <ul style="list-style-type: none">• Doncaster PCT• Doncaster and South Humber NHS Trust• Doncaster Chamber of Commerce• Pathways to work / Condition Management Programme• Healthy Business (Neighbourhood Renewal Funding)• University of York• Doncaster Libraries• CSIP North East Yorkshire & Humber• IAPT Patient Forum
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	<p>Conditions The main presenting condition will be common mental health problems (anxiety and depression). Information Prescription will be an integral part of choice options offered by the Case Manger.</p> <p>Delivery The main delivery point will be via Case Managers for people referred into the IAPT service. However as Doncaster IAPT operates under partnership arrangements, there could be the opportunity to deliver Information Prescription in a wide variety of settings by members of the partnership, eg business GP Practice Community and Voluntary Sector. The partners would have entered into the governance arrangements for the Pilot to ensure adherence to the quality standards.</p> <p>Impact The impact of the Information Prescription will be evaluated by people who use the IAPT service. expected outcomes will include:</p> <ul style="list-style-type: none">• Improved health outcomes monitored through patient outcome measures• Formalising Information available will increase equity of information given through the IAPT service.• Quality of information available to patients and carer to help give appropriate information to self help groups and other forms of support should lead to improved patient and carer satisfaction of care. This can be measured via patient satisfaction questionnaire. <p>Support The Doncaster service will be able to monitor through existing data any hard to reach groups eg BME communities.</p> <p>The programme manger will identify key agencies to promote Information prescription. Key resources will be made available in libraries Job centres Community and Voluntary organisations GP surgeries and local business.</p>
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<p>Please give an overview of the project governance arrangements. Include clear identification of Project Management arrangements.</p>	<p>The governance of the Information Prescription project will be over seen by the IAPT Partnership Board and Implementation Group. These two groups will review their terms of reference to incorporate the Information Prescription Pilot and ensure its delivery against key milestones. Incorporation in to the existing Partnership Board and Implementation Groups will ensure alignment of the Pilot to Doncaster IAPT and will ensure partnership agreement at all levels.</p> <p>The project management of the Information Prescription project will be lead by the project Manager (to be appointed) using an appropriate project management methodology. This will include monthly highlight reports of delivery against milestones also incorporate the learning and risk management process. The project will be supervised by project director Heather Raistrick Project Director for the IAPT Demonstration Site. Executive Director responsibility will be Christine Boswell Director of Commissioning Doncaster PCT. The project manger and project director will work closely with the national evaluation team ensuring both pilots are being evaluated individually and in alignment with national objectives of their respective programmes. It is anticipated close working with the other pilot sites to share learning.</p>
<p>Please indicate proposals for providing data to the national evaluation organisation (including ethical clearance)</p>	<p>Once the project has been approved by the national review panel, the project manager will work with the Doncaster PCT governance / ethics committee, developing a submission for approval via LREC if necessary.</p> <p>Data for evidence of delivery will be both qualitative and quantitative establishing:</p> <ul style="list-style-type: none"> • Key points for delivering information prescriptions • Effective contents for information prescriptions • Effective methods of delivery? • Problematic methods of delivery? • Patient and carer feedback <p>Evidence will be collected from key stakeholders including patients Gp's, Libraries, non-statutory services, specialist services Job Centre Plus and any others involved in the project.</p> <p>Other data collected will include information such as</p>

	<p>age, gender, ethnicity source of referral length of contact with services, unemployment of status duration of illness information given. and patient outcome, measured via PHQ9 or GAD7. (These measures are currently used to establish the level of depression(PHQ9) and anxiety(GAD7) these measures are taken from assessment through to discharge and is agreed method of evaluation for the IAPT Demonstration Site)</p> <p>The detail of this information will be contained in the project initiation document but may be subject to change (through the agreement of the external evaluation group and the local steering group) as the programme evolves.</p> <p>Emphasis will be on using some of the data currently collected for the IAPT project. The control group would be easily identified as a cohort of patients who have been through the IAPT service prior to Information Prescription.</p>
<p>Please provide a brief description of your proposals to:</p> <p>Work with stakeholders and partners</p> <p>Develop a system for delivering information prescriptions in your area</p> <p>Identify the content</p>	<p>Key stakeholders in the project include</p> <ul style="list-style-type: none"> • Doncaster PCT • Doncaster and South Humber NHS Trust • Doncaster Chamber of Commerce • Pathways to work / Condition Management Programme • Healthy Business (Neighbourhood Renewal Funding) • University of York • Doncaster Libraries • CSIP North East Yorkshire & Humber • Doncaster Health Information Group • IAPT Patient Forum <p>System The IAPT Doncaster has been in operational since August 2006 it is national Demonstration site funded by the DH. The service is based on the Stepped Care Model operating the principals of high volume and low intensity interventions. To date the service has received in excess 1300 referrals. The delivery of Information Prescription will be in he main be facilitated by case managers at the low intensity working. The approach will be systematic within the case management system the method of issue. e.g.</p>

<p>for information prescriptions</p>	<p>1 The information prescription will be one intervention chosen by the case manager and the patient</p> <p>2 Information prescription will be recorded as being issued as an intervention on the case management system</p> <p>3 In follow up appointments Case Manger reviews and records outcome of use of Information Prescription.</p> <p>4 Once information prescription has been developed it becomes self sustaining within the IAPT service.</p> <p>Content</p> <ul style="list-style-type: none"> • All current information and directories currently in use will be reviewed and agreed in conjunction with Doncaster Health Information Group • Appropriate Information will collated and tested against any evidence and subject to governance procedures previously described. • Developing Information through partnerships will be a key element of the information prescription <p>Project Deliverables</p> <ul style="list-style-type: none"> • Develop a data base of information from existing directories and resources • Import information on to a bespoke template for individual patients either in written format or electronic • Information prescription is issued in a facilitative manner within the case management system which will ensure assertive follow up following issue. 		
<p>When do you anticipate that work will start?</p>	<p>Outline Project Plan</p> <table border="1" data-bbox="568 1749 1313 2047"> <tr> <td data-bbox="568 1749 871 2047"> <p>Start Pilot Agree with IAPT Partnership Board. The Inclusion of information prescription into current project.</p> </td> <td data-bbox="871 1749 1313 2047"> <p>December 2006</p> </td> </tr> </table>	<p>Start Pilot Agree with IAPT Partnership Board. The Inclusion of information prescription into current project.</p>	<p>December 2006</p>
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Doncaster PCT Information Prescription

	Recruitment Process	January- March 2007 (in light of Commissioning a Patient led NHS)
	Develop information prescription data base and templates. Having partnership agreement to introduce these into service.	March- May 2007
	Case mangers to commence use templates	May 2007
	Evaluation of effectiveness of information templates and adapt and modify in response to evaluation	August 2007
	Final evaluation and modification . Ensuring sustainability for end of project.	October 2007
	Project ends	December 2007
<p>Signatures:</p> <p>Chief Executive</p>		